Rules for Fall Soccer

U5 Division

- Six players will be on the field per team, 6 v 6. No Keeper.
- A size 3 ball is to be used.
- No Player may be left in the goal area as a permanent defender.
- A coin toss will determine the goal to defend and will remain the same throughout the entire match-no switching goals at half time.
- Throw-ins will be substituted for corner and goal kicks.
- A game shall consist of two 20-minute halves, plus a 5-minute half time break.
- There will be substitutions at the end of the 1st and 3rd quarters (clock continues to run at quarter break). No free substitutions are allowed unless it is for an injured player.
- Each team member shall play a minimum of 50% of each game.
- One head coach per team is allowed on the field of play to assist the players and manage the game. Coaches shall not stand in front of the goal.
- No parents or spectators are allowed on the field of play or behind the goal at any time. This is for everyone's safety.
- **All Players shall wear protective shin guards UNDER the socks, not socks pulled down over the shin guards**

U6 Division

- Six players will be on the field per team, 6 v 6. No keeper.
- A size 3 ball is to be used.
- No player maybe left in the goal area as a permanent defender.
- Goals will be switched at half time.
- Throw-ins will be substituted for corner and goal kicks.
- A game shall consist of two 20-minute halves, plus a 5-minute half time break.
- There will be substitutions at the end of the 1st and 3rd quarters (clock continues to run at quarter break). No free substitutions are allowed unless it is for an injured player.
- Each team member shall play a minimum of 50% of each game.
- One head coach per team is allowed on the field of play to assist the players and manage the game. Coaches shall not stand in front of the goal.
- No parents or spectators are allowed on the field of play or behind the goal at any time. This is for everyone's safety.
- **All Players shall wear protective shin guards UNDER the socks, not socks pulled down over the shin guards**

U8 Division

- Will be 6 v 6 players, one of whom is the designated goalkeeper wearing the goalkeeper shirt.
- A size 3 ball is to be used.
- A game shall consist of two 20-minute halves plus a 5-minute half time break.
- There will be substitutions at the end of the 1st and 3rd quarters (clock continues to run at quarter break). No free substitutions are allowed unless it is for an injured player.
- Each team member shall play a minimum of 50% of each game.
- One head coach at a time is allowed on the field of play to assist the players and referee the game. One coach from each team must referee one half of the game. If a league referee arrives to take care of the game, then no coaches are allowed on the field of play. The referee will be responsible for running the game and managing the substitution break. The official clock will continue to be kept by the field marshal.
- No parents or spectators are allowed on the field of play or behind the goal at any time. This is for everyone's safety.
- **All Players shall wear protective shin guards UNDER the socks, not socks pulled down over the shin guards**

U10 Division

- Will be 8 v 8 players, one of whom is the designated goalkeeper wearing the goalkeeper shirt.
- A size 4 ball is to be used.
- A game shall consist of two 25-minute halves with a 5-minute half time break.

- There will be substitutions at the end of the 1st and 3rd quarters (clock continues to run at quarter break). No free substitutions are allowed unless it is for an injured player.
- Each team member shall play a minimum of 50% of each game.
- No parents or spectators are allowed behind the goal at any time. This is for the safety of everyone.
- **All Players shall wear protective shin guards UNDER the socks, not socks pulled down over the shin guards**

U12 Division

- Will be 11 v 11 players, one of whom is the designated goalkeeper wearing the goalkeeper shirt.
- A size 4 ball is to be used.
- A game shall consist of two 30-minute halves with a 5-minute half time break.
- There will be substitutions at the end of the 1st and 3rd quarters (clock continues to run at quarter break). No free substitutions are allowed unless it is for an injured player.
- Each team member shall play a minimum of 50% of each game.
- No parents or spectators are allowed behind the goal at any time. This is for the safety of everyone.
- **All Players shall wear protective shin guards UNDER the socks, not socks pulled down over the shin guards**

U14 Division

- Will be 11 v 11 players, one of whom is the designated goalkeeper wearing the goalkeeper shirt.
- A size 5 ball is to be used.
- A game shall consist of two 35-minute halves with a 5-minute half time break.
- There will be substitutions at the end of the 1st and 3rd quarters (clock continues to run at quarter break). No free substitutions are allowed unless it is for an injured player.
- Each team member shall play a minimum of 50% of each game.
- No parents or spectators are allowed behind the goal at any time. This is for the safety of everyone.
- **All Players shall wear protective shin guards UNDER the socks, not socks pulled down over the shin guards**

U18 Division

- Will be 11 v 11 players, one of whom is the designated goalkeeper wearing the goalkeeper shirt.
- A size 5 ball is to be used.
- A game shall consist of two 45-minute halves with a 5-minute half time break.
- There will be unlimited substitutions at the referee's discretion (according to FIFA Laws of the Game).
- Each team member shall play a minimum of 50% of each game.
- No parents or spectators are allowed behind the goal at any time. This is for the safety of everyone.
- **All Players shall wear protective shin guards UNDER the socks, not socks pulled down over the shin guards**

Other Rules and Notes:

1. In all of the above games (except U18 Division), substitutions shall be made midway through each half with only substitute players entering the field and those who are being substituted exiting the field. All other players shall remain on the field during this time. All players may exit the field during the half time substitution. The clock runs at quarter breaks.

2. Slide tackling is allowed in the Fall season only, under CYSA-S guidelines. Make sure players understand this rule and are careful when performing a slide tackle so as not to injure themselves or a teammate or opponent.

3. Any player, who received an ejection card (Red card) or two cautions (Yellow card), which resulted in ejection, may be disciplined with a minimum of one game suspension. This is per discretion of the TVSA board of directors.

4. All disciplinary action received throughout the Fall season shall be cumulative. If a player is ejected on two different occasions, he or she may be suspended for the duration of this season. Three cautions received throughout the Fall season (at different games) shall be treated as one ejection.

5. All free kicks in U6 and U8 shall be **Indirect**.

6. Headgear is allowed at all age levels, but is not mandatory.

7. Coaches must remain with their players until a parent or guardian picks them up. **DO NOT** leave a child unattended for any reason whatsoever. **DO NOT** allow a child to leave the practice field without his or her parent and or a guardian.

8. All Coaches must have the white registration forms at all games and practices!

9. In divisions that have standings, the tie breaker rule order is as follows:

    a. Head-to-head
    b. Goals Against
    c. Coin Flip

    In the case where three or more teams have the same number of points, all teams must have played each other for the head-to-head rule to be used. If they have not all played each other then goals against will be the next rule to be used.

In accordance with TVSA league rules:

1. ***No dogs are allowed at practice or game fields!***

2. ***There is no smoking at a field during practice or play times.***

3. ***Drinking of alcoholic beverages or use of illegal substances shall not be permitted at any game, practice, or team party affiliated with TVSA or its teams or players.***

4. ***Home Team is given the choice of sidelines, and should provide a game ball. The Visiting Team may provide the game ball if both coaches agree.***

5. ***Opposing teams MUST be on opposite sidelines during matches.***